

I LIE THERE TELLING MYSELF IT'S NOT TIME, THIS IS A DREAM & IT CAN'T POSSIBLY BE THAT HOUR YET.

A SLOW COLD FEVER WASHES INTO ME AS THE REALISATION KICKS IN WITH A FAMILIAR THUD. THIS IS HAPPENING, YOU CAN'T STOP IT, & IN ACTUAL FACT YOU DON'T REALLY WANT TO

SNUG, THE FEELING OF WARMTH REMAINS WITH ME & I THINK ALWAYS WILL. SOFT SAFE SECURITY, CONTENTMENT & ANTICIPATION OF THE IMPENDING. NEW DAY →

THOUGHT IT'D BE WORSE, BUT HEALTH REMAINS, FEEL OK. FOCUS. TODAY I WILL BE POSITIVE, FRIENDLY, SMILE & BE SMILED AT.

A DESIRE TO LOCK ONE'S BEST SHOULD ALWAYS BE PRESENT, NOT FOR THE BENEFIT OF OTHERS, BUT FOR THE WELL-BEING OF ONE'S SOUL / BODY ETC. TAKE PRIDE, ESPECIALLY IF OTHERS DON'T. NOT ALL CAN & SHOULD BE SHARED, SOMETHINGS STAY WITHIN... LIKE THE FAMILIAR WARMTH.

THINGS NEED DIFFERENT THINGS IN ORDER TO EXIST. PLANTS = LIGHT PEOPLE = FOOD KETTLES = WATER ALL = LOVE, INC. THE KETTLE, WITHOUT IT IT CAN RUST, DECAY & BECOME OBSOLETE.

MINOR DETAILS MATTER & SHOULD BE GIVEN DUE CREDIT FOR WHAT THEY ACHIEVE & CREATE. ELEMENTS, SOUNDS, REACTIONS. STIMULANTS FOR EVERYDAY BEING.

SECURITY COMES IN MANY FORMS, A LOCK, A BEET, WARMTH, DRUGS, COMPANY, NO COMPANY, POINT, RELEVANCE. BUT MAINLY LOCKS.

POWER, THE AGE OLD CURRENCY, BEHOLD, BEWARE, RESPECT & GIBBY. TRAVEL YOUR ROAD BUT NEVER FORGET WHAT IT IS THAT YOU BEHOLD. REALISATION & AWARENESS SHOULD ALWAYS BE RUNNING IN THE BACKGROUND

~~PERMANENT~~, TIME & SPACE. THE NATURE OUTDOORS. OPEN & INVITING, MYSTERIOUS & FEAR BEING. ENDLESS POSSIBILITIES OF HARM & CORRUPTION.

UNEASE, UNKNOWN LACK OF CONTROL, BEING, ALONE. AM I TOO HOMEBOUND TO CUTOFF. WHY? WHAT CAUSES THIS, AM I THE ONLY ONE. DO PEOPLE FEEL WHEN I FEEL. IS THIS AN ELEMENT ONLY FOR THE YOUNG, + OLD?

CAN YOU RECAPTURE EXCEPTANCE OF THIS ENVIRONMENT? DESPERATE WISH & LONGING TOO. NEVER ENOUGH TIME, TOO BUSY. CONSTANT NAGGING VOICE TELLING "NOT IMPORTANT" ARE THE VOICES RIGHT, WILL THEY CHANGE? CAN I CHANGE THEM? DO I WANT TO?

WHAT DO WE WANT ?

HAVEN, POWER, METAL, SECURE, CLOSED OFF, BETTER, WARM SAFE & DRY MY FAMILAR SPACE IN WHICH I RULE, NO LONGER A THREAT IS FELT.

THE SPARK, THE PUSH. SERVE THE SCIENCES ~~OVER~~ CHANGING & MAKE YOUR MOVE. PURPOSE, DIRECTION, POINT & SHOOT.

DRUG. BEE, DETAIL, WARMTH SPREAD INSIDE, DEEP INSIDE, WASHING INTO ME. DOWN & THROUGH FAMILAR. SAFE SECURE & WARM

CONTENT, SAFE IN THE KNOWLEDGE. TODAY WAS GOOD. SCARED BUT GOOD, & TOMORROW WILL BE BETTER, IT WILL BE, I THINK, WELL MAYBE. IT COULD BE ... I THINK (obust)

TOMORROW MAYBE BETTER. ————— HOPE SO
xxx